WHAT IS CLAIMED IS:

1	1. An electrosurgical instrument for delivering energy to tissue,
2	comprising:
3	a working end for engaging the tissue;
4	a surface layer at an exterior portion of the working end, the surface layer
5	comprising a matrix of polymeric PTC composition adapted to deliver electrical current to
6	the tissue; and
7	a cooling structure at an interior portion of the working end;
3	wherein the cooling structure cools the PTC matrix to lower the temperature of
9	one or more portions of the PTC matrix.
1	2. The electrosurgical instrument of claim 1, wherein the PTC matrix
2	defines a switching range at which the electrical resistance substantially increases in a
3	selected temperature range.
1	3. The electrosurgical instrument of claim 2, wherein the surface layer
l 2	has a thickness of less than about 500 microns.
_	has a therness of less than about 500 finerons.
1	4. The electrosurgical instrument of claim 3, wherein the surface layer
2	has a thickness ranging between about 0.1 microns and 200 microns.
l	5. The electrosurgical instrument of claim 4, wherein the surface layer
2	has a thickness ranging between about 0.5 microns and 100 microns.
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1	6. The electrosurgical instrument of claim 1, wherein the cooling structure passively cools the PTC matrix.
2	structure passivery cools the FTC matrix.
1	7. The electrosurgical instrument of claim 6, wherein the cooling
2	structure comprises a thermally conductive material forming an electrode which conducts
3	electrical current from a power source to the PTC matrix.
1	8. The electrosurgical instrument of claim 7, wherein the cross-section of
2	the conductive portion is significantly larger than the PTC surface layer.

1	9. The electrosurgical instrument of claim 7, wherein the cooling
2	structure comprises a material selected from a group consisting of copper-beryllium alloy,
3	copper, aluminum, silver, or gold.
1	10. The electrosurgical instrument of claim 7, further comprising a ground
2	electrode, and wherein the power is supplied to the thermally conductive electrode in a mono-
3	polar configuration.
1	11. The electrosurgical instrument of claim 1, wherein the cooling
2	structure actively cools the PTC matrix.
1	12. The electrosurgical instrument of claim 11, wherein the cooling
2	structure communicates with a fluid-cooling circulation system.
1	13. The electrosurgical instrument of claim 12, further comprising a fluid
2	source, wherein the cooling structure has a flow channel to form a flow loop through which
3	the fluid source circulates a fluid.
1	14. The electrosurgical instrument of claim 13, further comprising a heat
2	exchanger, wherein the fluid pump circulates the fluid through the heat exchanger.
1	15. The electrosurgical instrument of claim 13, wherein the fluid
2	comprises water.
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1	16. The electrosurgical instrument of claim 13, wherein the fluid
2	comprises a cooling gas.
1	17. The electrosurgical instrument of claim 16, wherein the cooling gas
2	comprises a cryogen selected from the group consisting of freon or CO ₂ .
1	18. The electrosurgical instrument of claim 17, further comprising an
2	expansion chamber, wherein the cooling gas absorbs heat as it changes its phase state while
3	in the expansion chamber.
1	19. The electrosurgical instrument of claim 18, further comprising an
2	inflow channel and outflow channel for circulating the gas between the fluid pump and the
3	expansion chamber.

1 20. The electrosurgical instrument of claim 1, wherein the cooling 2 structure comprises a Peltier element. 1 21. The electrosurgical instrument of any of claims 6 or 11, wherein the 2 surface layer defines an engagement surface for engaging tissue. 22. The electrosurgical instrument of claim 21, wherein the engagement 1 2 surface is carried on the working end of a probe. 1 23. The electrosurgical instrument of claim 21, wherein the engagement 2 surface is carried on the working end of a jaw structure, the jaw structure comprising paired 3 first and second jaws moveable between an open position and a closed position. 1 24. The electrosurgical instrument of claim 23, wherein at least one jaw 2 defines an engagement plane, the engagement plane carrying at least a portion of the 3 engagement surface. 1 25. The electrosurgical instrument of claim 24, wherein the wherein the 2 cooling structure comprises a thermally conductive material forming an electrode which 3 conducts electrical current from a power source to the PTC matrix. 1 26. The electrosurgical instrument of claim 25, wherein a plurality of 2 electrodes are formed on the jaw structure, and wherein power is delivered to the electrodes 3 in a bipolar configuration. 1 27. A method of controlled delivery of energy to tissue, comprising the 2 steps of: 3 engaging tissue with an engagement surface at least a portion of which 4 comprises a body of temperature-responsive variable impedance material that is intermediate 5 opposing polarity conductor regions operatively coupled to an RF power source; 6 delivering current flow within the engaged tissue and the engagement surface 7 to cause ohmic heating of the tissue, wherein the ohmically heated tissue conductively heats 8 adjacent regions of the engagement surface, and wherein the engagement surface varies its 9 impedance to modulate current flow between the engagement surface and the tissue; and

modulation of current flow between the engagement surface and the engaged tissue.

contemporaneously cooling the variable impedence body to thereby accelerate

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1 28. The method of claim 27, wherein cooling the variable impedance body 2 comprises passively cooling the engagement surface. 29. The method of claim 28, wherein passively cooling the variable 1 2 impedance body comprises providing a cooling structure at an interior of the working end, 3 wherein the cooling structure comprises a thermally conductive material. The method of claim 28, wherein the cooling structure comprises an 1 30. 2 electrically conductive material forming an electrode, and wherein delivering current flow 3 comprises delivering RF energy to the engagement surface via the electrically conductive 4 material. 31. The method of claim 27, wherein cooling the variable impedance body 1 2 comprises actively cooling the engagement surface. 1 32. The method of claim 31, wherein actively cooling the variable 2 impedance body comprises cooling the engagement surface via a fluid-cooling circulation 3 system. 1 The method of claim 32, wherein cooling the variable impedance body 33. 2 comprises circulating a fluid through a flow channel proximal to the engagement surface. 34. 1 The method of claim 33, wherein cooling the variable impedance body further comprises circulating the fluid through a heat exchanger. 2 1 35. The method of claim 33, wherein the fluid comprises water. 1 36. The method of claim 33, wherein the fluid comprises a cooling gas. 1 37. The method of claim 36, wherein the cooling gas comprises a cryogen 2 selected from the group consisting of freon or CO₂. 1 38. An electrosurgical instrument for delivering energy to tissue, 2 comprising: 3 an introducer member having at least one working surface for engaging tissue, 4 wherein at least a portion of the at least one working surface comprises a polymeric PTC

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composition; and

a conductor at an interior of the PTC composition, the conductor having at 6 least one open region at an interior of the conductor for cooling the assembly of the conductor 7 8 and PTC composition. 1 39. The electrosurgical instrument of claim 38, wherein the conductor comprises an electrically conductive material forming an electrode, the electrode connected 2 to a radiofrequency power source to ohmically heat the tissue. 3 40. The electrosurgical instrument of claim 39, wherein the conductive 1 2 material is also thermally conductive to act as a heat sink. The electrosurgical instrument of claim 38, wherein the open region 1 41. communicates with a fluid-cooling circulation device. 2 The electrosurgical instrument of claim 41, wherein the fluid cooling 42. 1 circulation device comprises a fluid source for providing fluid flow through the at least one 2 3 open region. The electrosurgical instrument of claim 42, wherein the fluid source 1 43. 2 communicates with a heat exchange structure. 1 44. The electrosurgical instrument of claim 43, wherein the fluid 2 comprises water. 1 45. The electrosurgical instrument of claim 41, wherein the fluid 2 comprises a cooling gas. 1 46. The electrosurgical instrument of claim 45, wherein the cooling gas 2 comprises a cryogen selected from the group consisting of freon or CO₂. 47. The electrosurgical instrument of claim 40, wherein the working 1 2 surface defines an engagement surface for engaging tissue. 48. The electrosurgical instrument of claim 47, wherein the engagement 1 2 surface is carried on the working end of a probe.

- 1 49. The electrosurgical instrument of claim 47, wherein the engagement 2 surface is carried on the working end of a jaw structure, the jaw structure comprising paired 3 first and second jaws moveable between an open position and a closed position.
- 1 50. The electrosurgical instrument of claim 49, wherein at least one jaw defines an engagement plane, the engagement plane carrying at least a portion of the engagement surface.